

SALAD

Choose one of our homemade "Power Dressings"

Add-ons: Avocado \$1, Roasted chickpeas \$1,
Organic Chicken \$5

Lemon Garbanzo Salad	7.00
Cucumber, Garbanzo Beans, Tomato & Dill. Dressed in a Lemon Vinaigrette	
Very Berry Spinach Salad	7.00
Spinach, Strawberries, Red Onion, Avocado & Pecans	
Apple Crisp Salad	7.00
Apple, Spinach, Mixed Greens, Sunflower seeds & Roasted Chickpeas	
Cucumber Avocado Salad	6.00
w/ cilantro, red onion & tomato. Tossed in lemon juice.	
Garden Fresh Salad	7.00
Mixed Greens, Tomato, Celery, Cucumber & Carrot	
Power Food Salad	10.00
Kale massaged with Lemon juice, Salt and Pepper. Blueberries, Strawberries, Roasted Chickpeas & Sunflower seeds.	
Fruit Salad	Small 7.00 Family 12.00
Freshly cut Mixed fruit.	

QUICK BITES

Roasted Chickpeas	SM\$1.00 Cup\$3.00
Seasoned Roasted Chickpeas. On salads or a to-go snack.	
Homemade Granola	\$1.00— \$5.00
Gluten Free & made in house. Peanut Butter or Original	
Muffins	\$1.75 or 2 for \$3
Gluten free. Made Fresh in store. (Ordering large batches call the day before)	
Fruit or Veggie To-Go	Cup \$2.00 Bowl \$5.00
Vegetable or fruit medley with Power Dip or Nut Butter	
Protein Balls and Energy Balls	\$2.00 4 Balls \$4.00 8 Balls
Blends of nut butters, Gluten Free Oats, Cacao and more...	

**Call in to place large orders or if
you're on a tight time schedule.**



Sponsor your Charity

Have an idea for a fundraiser?
Reach out to us

We do this for your health!

**Made in store; Almond Milk,
Gluten-Free & Vegan Granola,
Plus Gluten-Free & Vegan Muffins.**

Real Food for Real People.

Summer Hours

Monday– Wednesday 7:30am - 7:00pm
Thursday & Friday 7:30am - 8:30pm
Saturday 10:00am - 6:00pm
Sunday 12:00pm - 4:00pm

Want A Smoothie
76 Main Street
Woodbridge, NJ 07095

Follow us on Instagram & FB
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#WhoKnewHealthyTasteSoGood

"Healthy & Yummy"

We're making healthy living available
for everyone. Delicious recipes made
with love & tailored to fit all your
nutritional needs.



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WantASmoothie@gmail.com

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SMOOTHIE

\$5 -16oz / \$8 - 24oz / \$10 – 32oz

Available bases: Homemade Almond Milk, Flaxseed Milk, Greek Yogurt, Fresh Pressed Apple Juice, Coconut Water, Coconut Milk or Ionized Water.

Woodbridge Winner Strawberry, Mango, Pineapple

Protein Punch Strawberry, Banana, Orange, Raw Honey (Yogurt base)

Tropical Morning Mango, Pineapple, Banana, Flaxseed (Yogurt base)

Sunshine Orange, Pineapple, Banana, Lemon

Watermelon Refresh Watermelon, Strawberry, Lime (Coconut Water Base)

Mega Mango Mango, Banana

Jolly Green Cucumber, Spinach, Apple, Lime (Fresh Juiced Apple Base)

Peanut Butter Dream Peanut Butter, Banana, Chia Seed

Cholesterol Killer Blueberries, Rolled Oats, Banana

Tropical Heat Mango, Pineapple, Lime, Turmeric (Coconut Water Base)

Honeydew Refresh Honeydew, Apple, Mint, Lime, Agave (Coconut Water Base)

De-Stress Strawberry, Banana, Pear (Fresh Juiced Pear Base)

Java Mint Chip Banana, Coffee, Mint Leaves, Chocolate Protein Powder

COFFEE, TEA & LATTE

Cappuccino 3.00

Espresso Shot 2.25

Lattes 4.50 12oz/
Choose: **Coffee, Matcha or Chai** 5.25 20oz

Coffee 3.00 12oz/
Fresh Pour Over — 2 blends available 4.00 20oz

Matcha or Chai Tea 2.50 12oz/
3.25 20oz

JUICE

16 OZ

Go Green 7.50

Kale, Celery, Spinach, Parsley, Cucumber, Apple

Super Food 7.50

Wheatgrass, Celery, Kale, Cucumber, Parsley, Lemon

HeartBEET (Promoting Good Heart Health) 6.95

Beet, Ginger, Carrot, Kale, Celery, Cucumber, Parsley

Beet Lift (Pre-work out Favorite) 6.95

Pineapple 6.95

Pineapple, Kale, Celery, Spinach, Parsley, Cucumber

DeBloat Detox 6.95

Green Apple, Pineapple, Spinach, Beet, Cucumber, Lime

Perfect Pear 6.95

Pear, Celery, Cucumber, Ginger

Luck Of the IRISH 6.95

Kale, Celery, Spinach, Apple, Ginger, Carrot, Orange

Immunity Blast 6.95

Orange, Pineapple, Lemon, Ginger

BUILD YOUR OWN

Choose 3 items and a base to create your own Smoothie, Juice or Bowl.

SHOTS & ADD-ONS

Wheat Grass Shot — Fresh Juiced Wheat Grass 3.00

Ginger Shot — Fresh Juiced Ginger. 1.00

Phoenix Shot Fresh Juiced Turmeric, Lemon, Ginger plus added Cayenne Pepper 2.00

Organic Spinach or Kale 1.00

Protein Powder — Choice of: 1.00
Un-flavored, Chocolate (Vegan) or Vanilla (Vegan)

Make it a "Fusion!" 2.00
Mix two different bowl bases to build your own Fusion bowl

Nut Butter or Peanut Butter 1.00

Extra Granola—Original or Peanut Butter (vegan) 1.00

SMOOTHIE BOWL

Bowl Bases: Choose from our bowls or swap out a base.

Acai, Pitaya, Spirulina, Mango

Acai= Organic. Berry from Brazil, loaded w/ Antioxidants. Pitaya = Organic. Aka Dragon Fruit. An organic superfruit high in Fiber & Electrolytes Green-O-Lina=High in B12 & improves cognitive brain function. Fights depression/anxiety Mango = Great source of Vitamin E, A, C and Fiber. Helps maintain your Alkaline level.

Go Nuts! Acai Bowl 8.50

Acai, Nut butter & Banana
Topped w/ Nuts, Banana, Nut Butter, Granola & Raw Honey

Peanut Butter & Jelly Acai Bowl 8.50

Acai, Berries with Peanut butter
Topped w/ Strawberries, Blueberries, Peanut Butter, Granola & Raw Honey

Coconut Crunch Acai Bowl 8.50

Acai, Coconut Milk, Coconut flakes & honey
Topped w/ Coconut Fakes, Banana, Blueberries, Granola & Raw Honey

Beach Green-O-Lina Bowl 8.50

Spirulina, Pineapple, Spinach, Banana
Topped w/ Crushed Almonds, Kiwi, Chia Seed, Strawberries, Granola & Raw Honey

Mango Bowl 8.50

Mango & Banana
Topped w/ Pineapple, Banana, Blueberry, Coconut Flakes, Mango & Granola

Banana – Nana Bowl 8.50

Frozen whipped banana. Topped with strawberry, dark chocolate or granola
WANT to infuse your Banana-Nana?

Order Infused Strawberry OR Infused Pineapple BananaNana !!

Pink Paradise Bowl 8.50

Pitaya, Pear, Banana
Topped w/ Pineapple, Banana, Coconut Flakes, Peanut Butter, Granola

KIDS MENU

Kid's Smoothie 5.00

Strawberry, Banana, Mango
(Strawberries can change to any greens)

Kid's Juice 5.00

Apple Juice, Carrot Juice or a blend of both.

Kid's Bowl 3.00

Frozen Whipped Banana
Toppings: Strawberry & Chocolate Chips

Cheers to your health with our Homemade Almond Milk. No added sugars, No artificial juices & No Juice concentrates in any of our products!